

Table of Contents for 12 Chapters in the Oral Health Literacy eBook
with Vocabulary Words Organized by Syllables

Oral Health Chapter Themes	Chapters Titles and Authors in the Oral Health Literacy eBook	Read by:	Health Vocabulary Words with 2 Syllables	Health Vocabulary Words with 3 Syllables
Oral Health of Infants and Toddlers	1. Communicating Through My Smile and Teeth at A Very Young Age <i>by Valerie A. Ubbes</i>	Maggie Brooks	healthy, dentist, growing, finger, brushing, mommy, toothbrush, daddy, watching, oral	communicate, happiness, practicing, everyday
	2. Communicating with Health Professionals About My Child's Oral Health Care <i>by Jennifer White, Carly Kraska, and Valerie Ubbes</i>	Amy Macechko	oral, dental, doctor, newborn's, baby's, dentist, erupt, exam, teething, diet, sealants, fluoride, check-up	regular, appointments, communicate, dental, medical, professionals, referral, pediatric, injury, pacifier, recognize, challenges, importance, professional
Oral Health Hygiene of Children	3. Setting Dental Hygiene Goals for Healthy Teeth <i>by Jess Bolton and Valerie Ubbes</i>	Bridget Dillhoff	practice, oral, dental, hygiene, toothpaste, fluoride, morning, healthy, flossing, shopping, dentist,	enamel, leftover, grocery, overall
	4. Making Decisions to Have Fun with my Oral Health <i>By Alicia Graf and Valerie Ubbes</i>	Valerie Ubbes	prevent, practice, daily, dental, routine, decide, morning, bedtime, amount, toothpaste, minutes, cleaning, sugar, smiling, oral, model, water	infections, deciding, cavities, cereal, damages, decisions, decision
	5. Taking Action and Making Decisions to Have Healthy Teeth <i>by Jess Bolton and Valerie Ubbes</i>	Caleb Dillhoff	action, improve, brushing, morning, eating, flossing, buildup, toothpaste, mouthwash, shopping, cooking, helping, healthy, baby	decisions, refreshing, vegetables, cavities, grocery, calcium, family, everyday

Oral Health & Nutrition of Children	6. Setting Food Goals for Healthy Teeth <i>by Jess Bolton and Valerie Ubbes</i>	Kaylyn Macechko	yogurt, fibrous, fiber, remove, sugar, eating, visit, dentist, healthy, toothpaste, buying, evening, watching, brushes, improve, healthy	calcium, grocery,
	7. Decisions to Keep My Teeth Healthy and Strong <i>by Lana Amer and Valerie Ubbes</i>	Cristin Grenier	healthy, eating, drinking, morning, apples, candy, water, soda, sugar	decisions, vegetables, broccoli, calcium, nutritious, beverages, family
Oral Health & Beverages of Children	8. Deciding to Improve My Dental Health by Drinking More Water <i>by Jennifer White, Valerie Ubbes, and Carly Kraska</i>	Caleb Dillhoff	Improve, dental, decide, water, faucet, fluoride, prevent, washing, decay, washes, freshens, throughout, oral	decision, cavities, cavity, bacteria, saliva, family, leftover, particles, deciding
	9. Deciding to Drink Milk for Healthy Teeth <i>by Jennifer White, Valerie Ubbes, and Carly Kraska</i>	Kaylyn Macechko	mealtime, decide, breakfast, building, stronger, against, decay, dinner, drinking, harmful, acid, levels, eating, growing, instead, soda, today	healthier, deciding, calcium, minerals, sugary, several, chocolate, vitamins, beverage
	10. Setting Beverage Goals for Healthy Teeth - African American <i>by Valerie Ubbes and Jingwei Zhang</i>	Elias Tzoc	Improve, dental, setting, better, drinking, choices, soda, erodes, candies, bedtime, sugar, decay, breakfast, replace, spinach, juices, after-school, neighbor's, weekend, healthy, water	sugary, after-school, improving, beverage
	11. Setting Beverage Goals for Healthy Teeth - Latin American <i>by Jingwei Zhang and Valerie Ubbes</i>	Elias Tzoc	improve, oral, choices, water, instead, soda, sugar, erode, juices, sodas, shopping, fluoride, healthy	beverage, enamel, cavities, sugary, refreshing, grocery, several, vitamins, minerals, improvements, everyday, beverages

Oral Health & Medicine Safety	12. Deciding to Follow Rules for Taking Medicine <i>by Valerie Ubbes and Sage Kelner</i>	Bridget Dillhoff	decide, follow, taking, healthy, trusted, adult, dangers, dental, reason, parents, dentist, doctor	medicine, medical, pharmacist, unhealthy, decision, wellbeing, decision