Chapter 2:
Making Decisions to Have Fun with My Oral Health

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Do you know how to <u>make decisions</u> for brushing your teeth, tongue, and gums every morning and night?

Read the Story here:
https://dlp.lib.miamioh.edu/ebook/02/

Or Use the Chapter QR Code

<u>Chapter Objectives</u>:
Learn how to make decisions for brushing your teeth, tongue, and gums every morning and night while singing songs for 2 minutes to ensure a proper cleaning.

2.1 Post Assessment Name _____

Chapter 2: Oral Health Literacy Post Test

Directions: Write the word on the blank line that you remember from reading the Chapter 2 story about oral health.

1. I believe that I can prevent infections in my teeth by deciding to practice my daily dental _____.

2. I decide to brush my teeth, tongue, and gums with a small amount of toothpaste, so that my mouth will be really _____.

3. I decide to brush my teeth right after I eat _____ with my brother, so we can get rid of sugar that damages our teeth.

4. I decide to show off my teeth by _____, because I want my parents to see that I can take charge of my own oral health.

5. I decide to be a _____ model to my sister, so I can show her how well I take care of my teeth every single day!

6. I believe that I can prevent _____ in my teeth by deciding to practice my daily dental routine.

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Answer Key: 1. routine 2. clean 3. cereal 4. smiling 5. role 6. infections

2.2 Worksheet Name_____

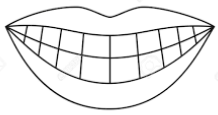
Chapter 2: Oral Health Spelling

Directions: Read the word, pronunciation, and definition for each word at the top of this page. In the boxes below, fill in the missing letter of each word.

Word	Pronunciation	Definition of the Word
Cereal	seer-ee-uhl	A breakfast food made up of grain that is usually paired with milk.
Infection	in-fek-shuhn	A condition that shows decline or trouble for the body which leads to a disease.
Cleaning	klee-ning	The action of taking off dirt or germs from the surface of something.
Smiling	smahyl-ing	A facial expression with the corners of your mouth pointing upwards that shows others you are happy.
Model	mod-l	Something that will show you how to act or do a task.
Routine	roo-teen	The process of what you do each day.

Infecti_n
Inf_ction
Infec_ion

_miling
Smi_ing
Smili_g



M_del
Mode_
Mo_el

Ce_eal
Cerea_
_ereal

Cl_aning
Clea_ing
Cleanin_

_outine
Routi_e
Ro_tine

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2.3 Worksheet Name_____

Chapter 2: Oral Health Vocabulary

Directions: Read each sentence, then write the word from the Word Bank on the line to complete the sentence.

Word Bank: Cereal, Clean, Infection, Models, Routine, Smiling

1. My friend is happy, because I know she is _____ at me.

2. When I am not sure how to act, I look to my mom because she _____ how I should act.

3. For breakfast, I am going to make a healthy choice and have _____ with milk.

4. I am going to _____ my teeth by brushing them to get all the food particles off.

5. My morning _____ is to wake up, get dressed, brush my teeth, eat a healthy breakfast, and go to school.

6. I am going to make sure to brush my gums so that they do not get an _____.

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2.4 Coloring Sheet

Brushing

Directions: Color the toothbrush the same color as your toothbrush. Then color the tooth the same color as the toothpaste.