

Chapter 14 for Boys & Chapter 15 for Girls: Setting Goals for Going to the Dentist

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Will you set a goal to go to the dentist for a 6-month check-up on your mouth, teeth, and gums?



Read the Stories:



Chapter 14 QR Code



Chapter 15 QR Code

Chapter Objectives:

Learn how to set a goal to go to the dentist for a 6-month check up on your mouth, teeth, and gums.

Other healthy goals include brushing daily for fresh breath and clean teeth.



Chapters 14 & 15: Oral Health Literacy Post Test

Directions: Write the word on the blank line that you remember from the Chapter 14 (boys) or Chapter 15 (girls) story about going to the dentist.

1. I believe that I can be ready to go to the dentist for a _____ on my mouth, teeth, and gums.
2. I set a goal to brush my teeth _____ night with my Mom, so I have fresh breath and clean teeth.
3. I set a goal to visit my dentist 2 times a year, so I know I do not have any holes (_____) in my teeth.
4. I set a goal to _____ my mouth wide, so my dentist can see and count my 20 teeth.
5. I set a goal to show my dentist my bright smile _____ my 6-month check-up.
6. I set a goal to _____ my dentist 2 times a year, so I know I do not have any holes (cavities) in my teeth.



Chapter 14 & 15: Oral Health Spelling

Directions: First read the word, pronunciation, and definition for each word at the top of this page. At the bottom, write the missing letter for each word.

Word	Pronunciation	Definition of the Word
During	door-ing	Something that happens at the same time as another event.
Check-up	chek-uhp	An exam completed by a dentist to check on the health of your teeth, mouth, and gums.
Every	ev-ree	Something that happens each time.
Visit	Viz-it	A human interaction where you talk and spend time together in a place for a specific purpose.
Open	oh-puhn	Opposite of closed.
Cavities	kav-i-tees	Having two or more of your teeth show decay or infection.

Du_ing

Duri_g

D ring



_heck-up

Chec_-up

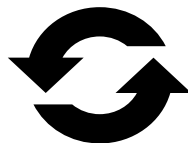
Check-u



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Ev_ry

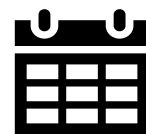
Ever



V_sit

Visi_

Vi_it



O_en

Ope_

_pen



C_vities

Cavi_ies

Cavitie_





Chapters 14 & 15: Oral Health Vocabulary

Directions: Draw a line to match the vocabulary word on the left with the definition on the right.

During

Opposite of closed.

Check-up

Something that happens each time.

Every

Something that happens at the same time as another event.

Visit

Having two or more of your teeth show decay or infection.

Open

A human interaction where you talk and spend time together in a place for a specific purpose.

Cavities

An exam completed by a dentist to check on the health of your teeth, mouth, and gums.



Calendar

Directions: Color the calendar and put checkmarks for each day when you have brushed your teeth every morning and night.

Dental Check-Up Calendar				