

## Chapter 14 for Boys & Chapter 15 for Girls: Setting Goals for Going to the Dentist

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Will you set a goal to go to the dentist for a 6-month check-up on your mouth, teeth, and gums?



Read the Stories:



Chapter 14 QR Code



Chapter 15 QR Code

### **Chapter Objectives:**

Learn how to set a goal to go to the dentist for a 6-month check up on your mouth, teeth, and gums.

Other healthy goals include brushing daily for fresh breath and clean teeth.



## Chapters 14 & 15: Oral Health Literacy Post Test

**Directions:** Write the word on the blank line that you remember from the Chapter 14 (boys) or Chapter 15 (girls) story about going to the dentist.

1. I believe that I can be ready to go to the dentist for a \_\_\_\_\_ on my mouth, teeth, and gums.
2. I set a goal to brush my teeth \_\_\_\_\_ night with my Mom, so I have fresh breath and clean teeth.
3. I set a goal to visit my dentist 2 times a year, so I know I do not have any holes (\_\_\_\_\_) in my teeth.
4. I set a goal to \_\_\_\_\_ my mouth wide, so my dentist can see and count my 20 teeth.
5. I set a goal to show my dentist my bright smile \_\_\_\_\_ my 6-month check-up.
6. I set a goal to \_\_\_\_\_ my dentist 2 times a year, so I know I do not have any holes (cavities) in my teeth.



## Chapter 14 & 15: Oral Health Spelling

**Directions:** First read the word, pronunciation, and definition for each word at the top of this page. At the bottom, write the missing letter for each word.

Word	Pronunciation	Definition of the Word
During	door-ing	Something that happens at the same time as another event.
Check-up	chek-uhp	An exam completed by a dentist to check on the health of your teeth, mouth, and gums.
Every	ev-ree	Something that happens each time.
Visit	Viz-it	A human interaction where you talk and spend time together in a place for a specific purpose.
Open	oh-puhn	Opposite of closed.
Cavities	kav-i-tees	Having two or more of your teeth show decay or infection.

Du\_ing

Duri\_g

D ring



\_heck-up

Chec\_-up

Check-u



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Ev\_ry

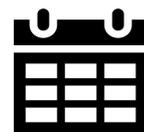
Ever



V\_sit

Visi\_

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O\_en

Ope\_

\_pen



C\_vities

Cavi\_ies

Cavitie\_





## Chapters 14 & 15: Oral Health Vocabulary

**Directions:** Draw a line to match the vocabulary word on the left with the definition on the right.

During

Opposite of closed.

Check-up

Something that happens each time.

Every

Something that happens at the same time as another event.

Visit

Having two or more of your teeth show decay or infection.

Open

A human interaction where you talk and spend time together in a place for a specific purpose.

Cavities

An exam completed by a dentist to check on the health of your teeth, mouth, and gums.



# Calendar

**Directions:** Color the calendar and put checkmarks for each day when you have brushed your teeth every morning and night.

Dental Check-Up Calendar				