

**Picture Books on the Theme: Oral Health, Teeth, Tooth, and Dentist  
from the  
Children's Picture Book Database at Miami University  
<https://dlp.lib.miamioh.edu/>**

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## A

## A day in the life of a dentist

### Description

Dr. Fong provides readers with an outline of what she does in her job as a dentist. Starting at the beginning of her day, Dr. Fong describes the various articles of clothing that she and the other office staff wear. This includes office managers and hygienists, who help the dentist when she cares for her patients. After eating her lunch, Dr. Fong demonstrates various techniques, including x-ray imaging and models, that she uses to visualize a patient's mouth. Finally, Dr. Fong shows the tools she uses when examining a patient and describes the importance of visiting dentists, like her, regularly!

### Citation

Adamson, Heather, "A day in the life of a dentist," Children's Picture Book Database at Miami University, accessed May 16, 2021,

<https://dlp.lib.miamioh.edu/picturebook/items/show/14056>

## All about teeth

### Description

Lee acts as a role model for others and describes what he does in order to maintain a healthy smile by brushing and flossing his teeth every day. To explain why taking care of your teeth is so important, Lee also demonstrates the structure of a tooth and the unique functions of canines, incisors, premolars, and molars in the mouth that allow him to eat and digest food. Given the importance of his teeth, Lee practices habits of proper oral hygiene and visits the dentist regularly!

### Citation

Schuh, Mari, "All about teeth," Children's Picture Book Database at Miami University, accessed May 16, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/14059>

## A toothbrush tale

### Description

A little boy goes to sleep one night without brushing his teeth, and then he hears a song coming from his bathroom. When he goes to investigate the noise, he finds his toothbrush singing and dancing about why it is so important to brush his teeth every morning and night. Scared that he will develop cavities (or even worse, that his teeth might fall out), the little boy brushes his teeth well and continues to do so every day in order to keep a healthy smile!

### Citation

Smith, Stacy, "A toothbrush tale," Children's Picture Book Database at Miami University, accessed May 16, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/14057>

## A trip to the dentist

### Description

Sarah and Josh go to see Dr. Richards, their local dentist, for routine checkups. Josh is examined first and, after the dentist checks his mouth for evidence of cavities, Dr. Richards shows Josh how he can do a better job of brushing teeth in the back of his mouth in order to prevent the buildup of plaque. Next, Dr. Richards examines Sarah's mouth and finds a cavity which he fixes by adding a filling to her infected tooth. After explaining how to maintain a healthy smile by avoiding sugary foods and beverages, Sarah and Josh are done with their appointments and ready to keep taking good care of their teeth!

### Citation

Smith, Penny, "A trip to the dentist," Children's Picture Book Database at Miami University, accessed May 16, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/14058>

## B

## Bacteria Joe

### Description

One night, a boy does not brush his teeth and eats chocolate before going to bed. Bacteria Joe comes along and begins eating away at any remaining sugars and sweets in the boy's mouth. After causing cracks to form in the boy's teeth, Bacteria Joe is finally washed away, and the boy promises his Mom that he will always brush his teeth twice a day in order to maintain a healthy smile and prevent tooth decay!

Citation

Adler, Sigal, "Bacteria Joe," Children's Picture Book Database at Miami University, accessed May 16, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/14061>

## Brush, brush, brush!

Description

Following a series of questions, the narrator provides a detailed description of proper oral hygiene. These recommended dental health behaviors include brushing your teeth thoroughly twice a day. If done properly, patients will maintain a healthy smile!

Citation

Unknown Author, "Brush, brush, brush!," Children's Picture Book Database at Miami University, accessed May 16, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/14055>

## Brush, floss, and rinse

Description

Kyle and Alen demonstrate their habits of proper dental hygiene to other children by brushing and flossing their teeth every day! Just as the dentist would like, the two brothers replace their toothbrushes regularly and rinse with fluoride after brushing to remove any food or plaque that may get stuck between their teeth. Finally, in order to protect their teeth from breaking or decaying, Kyle and Alen also make sure to avoid eating hard foods, choose healthy snacks with little to no sugar, and always wear their mouth guards while playing contact sports. Everyone should be more like Kyle and Alen when it comes to their dental health!

Citation

Tourville, Amanda, "Brush, floss, and rinse," Children's Picture Book Database at Miami University, accessed May 16, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/14062>

## Brushing teeth

Description

Lee sets an example for other children like him by describing how to properly brush his teeth in order to get rid of food and plaque that could build up and cause cavities. Every morning and night, Lee uses his own toothbrush and a small amount of toothpaste to clean his teeth, gums, and tongue. After brushing, Lee makes sure to rinse with water in order to maintain a healthy

smile. Lee also uses a new toothbrush every few months so his teeth get brushed well. Everyone should try to be more like Lee when brushing their teeth!

#### Citation

Schuh, Mari, "Brushing teeth," Children's Picture Book Database at Miami University, accessed May 16, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/14063>

## D

### Dentist

#### Description

Children go in and out of this dentist's office for checkups! First, a little boy gets his teeth examined by the dentist, and he finds out that they are a little dirty. Then, the dentist teaches the boy about how teeth develop over time and what he should do to take care of his teeth properly. Next, a little girl visits the dentist, and they find out that she has a hole in her tooth or a cavity. Finally, the little girl gets a filling, and her mouth is good as new!

#### Citation

Unknown Author, "Dentist," Children's Picture Book Database at Miami University, accessed May 16, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/14064>

### Dentists help

#### Description

Learn who a dentist is, what their job entails, and how they work to provide care for their patients. Children also learn about different types of dentists and what specialists they should see when and if they have crooked teeth, for instance. Details are shared about the clothing and tools a dentist may use when caring for their patients' teeth. When you know these important details, you can relax and enjoy going to the dentist!

#### Citation

Ready, Dee, "Dentists help," Children's Picture Book Database at Miami University, accessed May 16, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/14065>

## F

## Flossing teeth

### Description

Anna acts as an example for how to floss her teeth properly. Anna demonstrates flossing her teeth with traditional floss and a flossing tool in order to remove any plaque from surfaces of her teeth that cannot be reached by a toothbrush. By flossing daily, Anna is able to prevent cavities from forming in between her teeth, which helps her to maintain a healthy smile over time.

### Citation

Schuh, Mari , "Flossing teeth," Children's Picture Book Database at Miami University, accessed May 16, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/14066>

## H

## How to...brush your teeth

### Description

Learn from the tiger how your teeth develop over time, how teeth are classified, and why it is so important to take care of them regularly. The tiger gives you a step-by-step explanation of how to brush your teeth, and he reminds you how to brush for two minutes twice a day. Finally, the tiger explains other ways to care for your teeth that include proper nutrition and visits twice a year to the dentist.

### Citation

Unknown Author, "How to... brush your teeth ," Children's Picture Book Database at Miami University, accessed May 16, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/14070>

## L

## Loose tooth

### Description

Andy shows other kids just like him what to do when they have a loose tooth. Andy got his first loose tooth when he was 5 and every time since, when the permanent tooth inside his gum pushes on his baby tooth, he wiggles it with his tongue and tries his best not to eat hard foods.

When he is older, Andy will have a total of 36 permanent teeth, all of which will be healthy because he brushes and flosses them every day!

Citation

Schuh, Mari, "Loose tooth," Children's Picture Book Database at Miami University, accessed May 16, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/14071>

## Loose tooth

Description

A young boy wakes up and realizes he has a loose tooth. He wiggles the tooth and shows his mom, dad, sister, brother, and dog, but it won't fall out. He tries to eat hard food or have his brother yank it out with a wrench, but the tooth finally comes out all on its own!

Citation

Schaefer, Lola, "Loose tooth," Children's Picture Book Database at Miami University, accessed May 16, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/14072>

## M

## Mouth

Description

A group of children demonstrate all of the different things they can do with their mouths so that other kids can do the same. However, in order to be able to do all of these things, the children make sure to explain why it is so important to go to the dentist to take care of their mouths and keep their teeth clean and healthy. Can you do this too?

Citation

Klingel, Cynthia & Noyed, Robert, "Mouth," Children's Picture Book Database at Miami University, accessed May 16, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/14075>

## My dentist, my friend

### Description

Take a tour through the sights, sounds, and care of the friendly dentist's office! After spending time in the waiting room and visiting with the oral hygienist, the children are seen by the dentist. Some of their teeth may need to get some x-ray scans during the dental checkup. After a successful appointment, the children are given the knowledge and tools to practice oral health behaviors at home.

### Citation

Hallinan, P.K., "My dentist, my friend," Children's Picture Book Database at Miami University, accessed May 16, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/14090>

## My doctor, my friend

### Description

Explore the sights, sounds, and care that kids experience at the doctor's office. After explaining why they go to the doctor for a medical check-up, the children describe the different tests that are performed at every appointment to diagnose their illness. Afterwards, the children are much less afraid about going to the doctor. Kids want to feel better so they like going to their check-ups to see their doctor.

### Citation

Hallinan, P.K. , "My doctor, my friend," Children's Picture Book Database at Miami University, accessed May 16, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/14089>

## My tooth is about to fall out

### Description

A little girl describes her wiggly tooth and all the places where she doesn't want it to fall out. Then, while she is eating spaghetti, the tooth falls into her bowl and a giant hole is left in her mouth. That night, she places the tooth that fell out under her pillow, and the Tooth Fairy leaves her a nice little surprise for her in the morning!

### Citation

Maccarone, Grace, "My tooth is about to fall out," Children's Picture Book Database at Miami University, accessed May 16, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/1407>

## My wiggly smile

### Description

Olive wakes up one day and finds that she has a loose tooth! She runs downstairs to tell her parents and keeps wiggling it all day, but it won't come out! At school, Olive talks to a girl named Jordan who tells her about the "My Wiggly Smile" which says to keep track of the teeth she's lost. When Olive gets home, her dad surprises her with a "My Wiggly Smile" book of her own, and they leave for the dentist where Olive's tooth is finally pulled by the dentist. That night, while she is fast asleep, the Tooth Fairy comes to visit Olive, and she wakes up with a gift under her pillow!

### Citation

Woodruff, Amira, "My wiggly smile," Children's Picture Book Database at Miami University, accessed May 16, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/14077>

## R

## Ready, set, brush!

### Description

Elmo and his gang teach you how to brush your teeth. First, Elmo teaches you about how much toothpaste to use, and Marvin Monster helps you learn about where you should brush. Then Zoe reminds you to brush your tongue, and you learn about rinsing your mouth from the Cookie Monster. Next, Martha Monster visits the dentist for a checkup, and he tells her that she, and all of her friends, do a great job of taking care of their mouth by brushing and rinsing twice a day!

### Citation

Schuh, Mari, "Ready, set, brush!," Children's Picture Book Database at Miami University, accessed May 16, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/14079>

## S

### Snacks for healthy teeth

#### Description

Tessa sets an example for other children by describing all of the healthy snacks that she eats in order to keep her teeth and gums healthy. Instead of eating sugary sweets, Tessa enjoys eating fruits, vegetables, dairy products, and popcorn as snacks to protect her teeth and keep them strong! Tessa also explains how she brushes her teeth every day to make sure the enamel protecting her teeth does not wear down and form a cavity (or a big whole in her teeth).

#### Citation

Schuh, Mari, "Snacks for healthy teeth ," Children's Picture Book Database at Miami University, accessed May 18, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/14080>

### Sugar bugs

#### Description

The Mutans family moved into Robbie's mouth after searching for a sugary new home. Robbie ate candies and sweets every day, so the Mutans loved living there, but Robbie did not like his unwelcomed guests. Over time, the Mutans began to rot his teeth, causing Robbie to have horrible pain when chewing. Then Robbie goes to visit Dr. Sam, his dentist, who removes the Mutans family from their home. Dr. Sam shares some habits that will help Robbie improve his oral health in the future and keep the Mutans family out forever!

#### Citation

Weisz, Sam & Weisz, Erica, "Sugar bugs," Children's Picture Book Database at Miami University, accessed May 18, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/14081>

## T

## The dentist's office

### Description

Patients visit Oz Family Dentistry for a checkup to ensure that they have a healthy smile and know how to care for their teeth. After meeting the dental hygienist in the exam room, patients get their teeth cleaned and polished before getting x-rays of their mouth. Then, the dentist meets with patients to teach them more about oral hygiene.

### Citation

Murphy, Patricia, "The dentist's office," Children's Picture Book Database at Miami University, accessed May 18, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/14083>

## The teeth that looked for a new mouth

### Description

Luke refuses to brush his teeth despite his Mom's warnings about sugar bugs coming to eat his teeth. That night, Luke has a dream that his teeth try to find another mouth to live in because they are tired of being dirty with food stuck between them. In a startling end, Luke wakes from his dream and quickly goes to brush his teeth, promising that he will brush at least twice a day in order to maintain a healthy smile and happy teeth!

### Citation

Jones, Jill, "The teeth that looked for a new mouth," Children's Picture Book Database at Miami University, accessed May 18, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/14084>

## The tooth book

### Description

Using clever rhyme, Dr. Seuss describes why teeth are important and what they help people and animals do. The structure of the mouth and the different stages of tooth development are described. Finally, Dr. Seuss explains what his readers should and should not eat in order to maintain a healthy smile.

## Citation

Geisel, Theodor, "The tooth book," Children's Picture Book Database at Miami University, accessed May 18, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/14085>

## The tooth book

## Description

Let's learn how oral health and the mouth develops over a lifetime. The mouth grows a set of primary teeth and then a set of secondary teeth. You can learn proper dental hygiene and interesting historical facts as you read. You can also learn about tooth decay and different techniques to treat oral health issues when and if they occur.

## Citation

Miller, Edward, "The tooth book," Children's Picture Book Database at Miami University, accessed May 18, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/14086>

## Toothful tales

## Description

Incisa tells the story of how she and her friends, Cuspi, Mola, and Tongo, are attacked by a "sticky sweet" given to them by Grandma. After being covered in sugar, germs begin to attack as they make acid and dissolve holes in Incisa and her tooth friends. Then, Incisa, Cuspi, Mola, and Tongo get a pleasant surprise when Grandma brings other things to make the teeth happy; an electric toothbrush and floss! Finally, after a good cleaning, Incisa, and her friends, Cuspi, Mola, and Tongo, are once again, all shiny and bright just in time for lunch!

## Citation

Courtad, Jeanette, "Toothful tales," Children's Picture Book Database at Miami University, accessed May 18, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/14087>

## W

## Why we go to the dentist

## Description

Let's take a trip to the dentist to learn more about what dentists do in order to develop and maintain a healthy smile for each of their patients. First, the dentist takes x-ray images of the patient's teeth and performs a routine checkup on the teeth and gums. Next, the dentist explains

how to properly clean your teeth using a toothbrush and floss each day. Now you know more about the dentist, and why it is so important to go for checkups on a regular basis.

Citation

Clark, Rosalyn, "Why we go to the dentist," Children's Picture Book Database at Miami University, accessed May 18, 2021, <https://dlp.lib.miamioh.edu/picturebook/items/show/14088>

**<sup>1</sup>CPBD@MU Database Entry and Document Formatting by Paige Howard, 2021.**